

Action Plan Focus:

- Hiring 5 undergraduate and graduate student staff assistants
- Weekly all-recovery meetings and drop-in hours
- Marketing and communications including social media
- Community asset mapping
- Recovery Ally trainings
- Sober social events

Main success:

Increased awareness of OUR House and on-campus recovery resources through the use of marketing, social media and the recovery ally training.

Primary challenge:

Deeper collaboration with campus partners was a challenge given the nature of a quick turnaround grant during a pandemic.

One means of sustaining the CRP going forward:

Funding a graduate assistant to continue bolstering our recovery community through the next academic year.



WHAT DOES RECOVERY MEAN TO YOU?? *for your well being*

write what you think!

Community support *One day at a time*

Monitoring your progress *recognizing yourself*

Lifting yourself up & allowing yourself to feel *Self-empowerment*

breaking free from shame *gentleness*

hanging with friends *Change to better yourself*

Change *of the better*

Doing what makes you happy *Be true to you!*

Will Power

Self-acknowledgment + accountability

Self-care. Treating yourself to the best.

Being personally happy! ☺

Living your best life

Healing and growth

vulnerability + trust

Accountability

gentleness

learning from mistakes

doing what YOU need/want

being a part of a community

being what you can do to better yourself

A commitment to yourself to grow + transform


Time stretch + slowed + revert

CANNABIS ON CAMPUS?

99% of GU students agree that they would support their peers if they decided to reduce their use of cannabis.

43% of students say that their frequency of cannabis use has increased during the pandemic.

You are not alone, **OUR House** can help!

Office of Health Promotion 

gonzaga.recovery

17 Posts 572 Followers 1,814 Following

OUR House
Helping Zags Live Their Best Lives!
www.gonzaga.edu/crc/
1211 N Cincinnati St, Spokane, Washington
Followed by sj9109, cervij and 16 others

Following Message Email

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Wear Purple to Celebrate NATIONAL COLLEGIATE RECOVERY DAY

JOIN OUR HOUSE + SUPPORTING THOSE CELEBRATING RECOVERY

Sober Social Event!



Collegiate Recovery Program at WSU Pullman

Highlight/Success

- Scholarships
 - ✓ Multiple scholarships awarded to CRP students
 - Positive acknowledgment of accomplishment
 - ✓ Important to relapse prevention
 - ✓ Community building: recruitment and retention

Challenge

- Recruitment: Current & ongoing contexts

Sustainability

- Commitment to develop designated recovery housing on the Pullman Campus





Green River College

Background

- Washington State Community and Technical College serving South King County
- Four Campuses – Main campus in Auburn with branch campuses in downtown Auburn, Kent, and Enumclaw
- In 2019-2020 had a total FTE count of 8,851 students
 - Median age of student population is 21
 - 2,282 Running Start Students
 - 1,531 International Students
- Our moto: Think Student, Then Decide

Green River College

Recovery Support at Green River

- Prior to seed grant, Counseling Services was the only institutional support resource for students
- With the Seed Grant
 - Main Success – Scholarships available for students in recovery
 - Primary Challenge – Connecting with students in a virtual context
 - Sustainability – Recovery Support Specialist position will continue through college provided funding